

2018年全世界主要國家平均壽命排名  
The Rank of Life Expectancy at Birth by Country, 2018

單位：歲  
Unit: Years

國家名稱	排名	平均 <sup>@</sup>	男性	女性
Country	Rank	Average <sup>@</sup>	Male	Female
<b>World<sup>#</sup></b>		<b>70.85</b>	<b>68.6</b>	<b>73.1</b>
China, Hong Kong <sup>SAR</sup>	1	84.76	81.9	87.6
San Marino	2	84.74	82.7	86.8
Japan*	3	84.29	81.3	87.3
Switzerland*	4	83.55	81.7	85.4
China, Macao <sup>SAR</sup>	5	83.35	80.3	86.4
Singapore*	6	83.20	81.0	85.4
Spain*	6	83.20	80.5	85.9
Luxembourg	8	83.05	80.7	85.4
Italy*	9	82.80	80.6	85.0
Norway*	10	82.75	81.0	84.5
Republic of Korea*	11	82.70	79.7	85.7
Malta	12	82.52	80.6	84.4
Sweden*	13	82.52	80.8	84.3
Australia*	14	82.51	80.5	84.6
Cyprus	15	82.50	80.3	84.7
France*	16	82.40	79.5	85.3
Faeroe Islands	17	82.30	80.9	83.7
Cayman Islands	18	82.27	79.8	84.7
Iceland	19	82.19	80.7	83.7
Israel	20	82.10	80.2	84.0
Martinique	21	82.05	79.4	84.7
Canada*	22	81.95	79.9	84.0
New Zealand*	23	81.90	80.2	83.6
Netherlands*	24	81.75	80.2	83.3
Austria*	25	81.65	79.3	84.0
Bermuda	26	81.54	77.7	85.4
Ireland	27	81.40	79.3	83.5
Finland	28	81.27	78.4	84.1
United Kingdom of Great Britain and N	29	81.06	79.2	82.9
Åland Islands	30	81.04	78.5	83.6
Greece*	31	80.94	78.4	83.5
Gibraltar	32	80.90	78.5	83.3
Guadeloupe	32	80.90	77.0	84.8
Belgium	34	80.84	78.5	83.1
Denmark	35	80.83	78.8	82.8
Germany*	36	80.77	78.4	83.2
Kuwait	37	80.75	81.0	80.5
Taiwan*	38	80.69	77.5	84.0
Brunei Darussalam	39	80.65	80.5	80.8

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Qatar	40	80.60	78.9	82.3
Slovenia	41	80.55	77.6	83.5
Puerto Rico	42	80.53	76.6	84.4
Portugal	43	80.47	77.6	83.3
Reunion	44	80.35	77.1	83.6
Costa Rica	45	80.19	77.6	82.7
Chile	46	79.89	77.1	82.7
French Guiana	47	79.20	76.4	82.0
Czechia	48	79.13	76.2	82.1
Saint Lucia	49	78.90	75.3	82.5
Anguilla	50	78.82	76.5	81.1
United States of America*	51	78.60	76.1	81.1
Albania	52	78.55	77.0	80.1
Cuba	53	78.48	76.5	80.4
Curaçao	54	78.10	74.7	81.5
Panama	55	78.04	75.0	81.1
Turkey	56	78.00	75.3	80.7
Poland	57	77.94	73.9	81.9
Croatia	58	77.85	74.7	81.0
United Arab Emirates	59	77.74	76.7	78.8
Algeria	60	77.65	77.1	78.2
Estonia	61	77.53	73.2	81.9
New Caledonia	62	77.20	74.0	80.4
Uruguay	63	77.20	73.8	80.6
Northern Mariana Islands	64	77.16	74.5	79.9
Slovakia	65	77.06	73.7	80.4
Argentina	66	77.03	73.7	80.3
Oman	67	77.00	74.8	79.2
Antigua and Barbuda	68	76.85	74.0	79.7
Aruba	69	76.84	73.9	79.8
Turks and Caicos Islands	70	76.80	75.8	77.8
Ecuador	71	76.70	73.9	79.5
Bahrain	72	76.60	75.8	77.4
China*	73	76.50	73.6	79.4
Mayotte	74	76.25	75.3	77.2
French Polynesia	74	76.25	74.4	78.1
Tunisia	76	76.15	74.5	77.8
Guam	77	76.10	73.6	78.6
Brazil*	78	76.05	72.5	79.6
Dominica	79	75.97	73.8	78.2
Saint Helena ex. dep.	80	75.85	72.0	79.7

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Hungary	81	75.82	72.4	79.2
TFYR of Macedonia	82	75.43	73.4	77.4
Romania	83	75.42	71.9	78.9
Venezuela (Bolivarian Republic of)	84	75.35	72.3	78.4
Colombia	85	75.31	72.1	78.5
Serbia	86	75.26	72.7	77.8
Azerbaijan	87	75.19	72.8	77.5
Malaysia	88	75.05	72.7	77.4
Mexico	89	75.00	72.3	77.7
Armenia	90	74.93	71.6	78.3
Lithuania	91	74.74	69.5	80.0
Bulgaria	92	74.71	71.2	78.2
Trinidad and Tobago	93	74.61	71.4	77.8
Mauritius	94	74.59	71.3	77.9
Latvia	95	74.58	69.8	79.4
American Samoa	96	74.41	71.1	77.8
Seychelles	97	74.40	70.3	78.5
Wallis and Futuna Islands	98	74.30	73.1	75.5
British Virgin Islands	99	74.20	69.9	78.5
Peru	100	74.19	71.5	76.8
Saudi Arabia	101	74.15	73.5	74.8
Iran (Islamic Republic of)	102	74.00	72.5	75.5
Bosnia and Herzegovina	102	74.00	71.3	76.7
Belarus	104	73.96	68.9	79.0
Maldives	105	73.86	73.0	74.7
Tajikistan	106	73.81	71.9	75.7
Thailand	107	73.78	69.9	77.6
Morocco	108	73.75	72.4	75.1
Uzbekistan	109	73.70	71.3	76.1
State of Palestine	110	73.65	72.1	75.2
Jordan	111	73.50	72.8	74.2
Viet Nam	112	73.47	70.8	76.1
Niue	113	73.20	70.1	76.3
Sint Maarten (Dutch part)	114	73.15	69.2	77.1
Saint Vincent and the Grenadines	115	73.13	71.0	75.2
Bahamas	116	73.13	69.9	76.4
Sri Lanka	117	73.00	68.8	77.2
Samoa	118	72.85	71.5	74.2
Cook Islands	118	72.85	69.5	76.2
Kazakhstan	120	72.82	68.7	76.9
Georgia	121	72.68	68.2	77.1

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Country	Rank	Average <sup>@</sup>	Male	Female
Suriname	122	72.66	70.1	75.3
Bolivia (Plurinational State of)	123	72.53	69.1	75.9
Jamaica	124	72.47	69.7	75.2
Dominican Republic	125	72.42	70.0	74.8
Egypt	126	71.92	70.5	73.3
Paraguay	127	71.81	69.7	73.9
Bangladesh	128	71.60	70.3	72.9
Ukraine	129	71.60	66.7	76.5
Guatemala	130	71.45	67.9	75.0
Greenland	131	71.37	69.1	73.7
Indonesia*	132	71.25	69.3	73.2
Vanuatu	133	71.15	69.6	72.7
Republic of Moldova	134	71.12	67.2	75.0
Kyrgyzstan	135	71.06	67.0	75.1
Mongolia	136	70.66	65.9	75.4
Russian Federation	137	70.21	64.6	75.9
El Salvador	138	70.18	65.4	74.9
Solomon Islands	139	69.65	66.2	73.1
Saint Kitts and Nevis	140	69.44	68.2	70.7
Palau	141	69.20	66.3	72.1
Democratic People's Republic of Korea	142	69.15	65.6	72.7
India	143	68.80	67.4	70.2
Marshall Islands	143	68.80	67.0	70.6
Fiji	145	67.45	65.3	69.6
Micronesia (Federated States of)	146	67.00	66.5	67.5
Tonga	146	67.00	65.0	69.0
Nepal	148	66.65	65.4	67.9
Bhutan	149	66.25	65.7	66.9
Nicaragua	150	66.15	63.4	68.9
Pakistan	151	65.59	63.6	67.6
Sao Tome and Principe	152	65.42	62.1	68.7
Botswana	153	65.40	64.9	65.9
Senegal	154	64.85	63.2	66.5
Myanmar	155	64.50	59.7	69.3
Rwanda	156	64.40	62.6	66.2
South Africa*	157	64.20	61.1	67.3
Lao People's Democratic Republic	158	63.50	61.8	65.2
Tuvalu	159	63.40	61.7	65.1
Uganda	160	63.20	62.2	64.2
Yemen	161	61.10	60.2	62.0
Kiribati	162	61.00	58.9	63.1

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Country	Rank	Average <sup>@</sup>	Male	Female
Zimbabwe	163	60.70	57.4	64.0
Ghana	164	60.15	58.3	62.0
Mauritania	165	60.05	58.3	61.8
Guinea	166	59.90	58.4	61.4
Sudan	167	59.75	58.1	61.4
Nauru	167	59.75	56.8	62.7
Equatorial Guinea	169	59.30	...	59.3
Kenya	170	59.25	57.8	60.7
Benin	171	59.22	57.2	61.3
Burundi	172	59.09	56.9	61.3
Namibia	173	56.90	53.3	60.5
Burkina Faso	174	56.63	55.8	57.5
Côte d'Ivoire	175	56.20	54.9	57.5
Republic of South Sudan	176	54.45	54.4	54.5
Papua New Guinea	177	54.26	53.7	54.8
Mozambique	178	54.10	52.0	56.2
Djibouti	179	52.95	51.8	54.1
Guinea-Bissau	180	52.40	51.2	53.6
Malawi	181	49.00	47.4	50.6
Sierra Leone	182	48.45	47.5	49.4
Afghanistan	183	44.50	45.0	44.0
Eswatini	184	42.67	42.2	43.1
Lesotho	185	42.37	39.4	45.3

資料來源：2017年聯合國人口年鑑。

Data Prepared by United Nations Demographic Yearbook.

- 說明：1.<sup>SAR</sup>代表特別行政區(Special Administrative Region)。
- 2.<sup>@</sup>代表各國家(地區)平均壽命排名係以男、女性平均壽命相加除以2之平均值排列。
- 3.<sup>#</sup>係由聯合國網頁最新資訊中取得(網址：<http://data.un.org/en/reg/g1.html>)。
- 4.\*係參考該國最新統計資料進行更新(更新時間2019年7月30日)。

Note: 1. <sup>SAR</sup> : Special Administrative Region.

2. <sup>@</sup> : Ranking Key: Primary by "Average", the Secondary by "Male", and the third by "Female".
3. <sup>#</sup> : From the latest information on the UN webpage(<http://data.un.org/en/reg/g1.html>).
4. \* : From the latest information in the country(Update time: Jul. 30, 2019).