National park trail classification system

Difficulty Level	Description	Suitability	Recommended Equipment
Grade 0	The trail is flat and has good	Suitable for all ages,	Water, hiking
	facilities. The slope is gentle	wheelchair users, and	snacks, rain gear,
	and suitable for wheelchairs	children's strollers.	mobile phone.
	and children's strollers.		
Grade 1	The trail is well maintained with	Walkers.	Water, hiking
	facilities in good conditions,		snacks, rain gear,
	and it features guiding		mobile phone.
	resources and a gentle slope. A		
	normal itinerary takes half a		
	day to one day to complete.		
	The trail is well maintained with	People with average	Water, hiking
	facilities in good conditions, but	to good physical	snacks, rain gear,
	the slope has slight	fitness.	mobile phone,
Grade 2	undulations, and there are		warm clothing,
Grade 2	potential risks due to		backpack.
	unpredictable weather. A		
	normal itinerary can be		
	completed within one day.		
Grade 3	The trail is located in a	People with good	Refer to Table 2 to
	relatively remote mountainous	physical fitness who	bring the
	area. The path is clearly formed	have the ability to	necessary
	but some slopes are very	read basic maps,	camping or forced
	steep. There are potential risks	carry heavy loads	bivouac equipment
	due to unpredictable weather.	while walking, assess	based on your
	A normal itinerary can be	risks, and respond to	itinerary.
	completed in one to three days.	emergencies.	
Grade 4	The trail is located in a remote	People with good	Refer to Table 2 to
	mountainous area. The path is	physical fitness who	bring the
	formed, but parts of the terrain	have the ability to	necessary
	are rugged, and there are	read maps, carry	camping and
	potential risks due to	heavy loads while	related
	unpredictable weather. A	walking, survive in	technical/climbing
	normal itinerary can be	the wilderness,	equipment based
	completed in three to five days,	assess risks, and	on your itinerary.

Difficulty Level	Description	Suitability	Recommended Equipment
	or within three days if the trail features challenging terrain.	respond to emergencies.	
Grade 5	The trail is located in a remote mountainous area, and the path is relatively unformed. There are potential high risks due to rugged terrain and unpredictable weather. A normal itinerary takes three to five or more days to complete, and preparations for challenging terrain must be made.	People with excellent physical fitness who have the ability to read maps, carry heavy loads while walking, survive in the wilderness, assess risks, and respond to emergencies.	Refer to Table 2 to bring the necessary camping and related technical/climbing equipment based on your itinerary.
Grade 6	 1. A Grade 3 to 5 trail covered in snow (ice). 2. Special routes, such as routes that are not established, unformed mountainous tracks without defined roadbeds or paths, remnants of ancient trails, or trails that require specialized exploration or climbing skills. 	People familiar with snow mountaineering or those who have the necessary technical/climbing skills.	Refer to Table 2 to bring the necessary camping and related technical/climbing equipment based on your itinerary.

Note 1: The estimated number of days is based on the average itinerary and is provided as a reference. If you decide to shorten the itinerary, please make sure to improve your fitness level and assess risks.

Note 2: Before embarking on high altitude mountain trails, please make necessary preparations and itinerary plan in advance, pay attention to whether you are suffering from altitude sickness, and establish a turning point to retreat if necessary.