

## Individual and group equipment checklist:

Please carry the follows in accordance with the route and time of your climbing.

**Individual equipment :** (please mark on the checked box  after checking)

**Red words are snow equipments should be carried in snow season.**

Checked	Required Items	Suggested Items	Suggested Items
<input type="checkbox"/>	Large rucksack	Small rucksack (for summit ascent)	Low whistle
<input type="checkbox"/>	Sleeping bags duck down or hollow fiber)	Waterproof rucksack cover	Leggings
<input type="checkbox"/>	Headlight, torch (with batteries)	Warmer hat	Spare batteries
<input type="checkbox"/>	Warm clothes (outer and middle layer)	Sun hat	Sleeping mat
<input type="checkbox"/>	Two pieces waterproof rain gear (breathable)	Towel, headscarf	Tyrolean pole (pair)
<input type="checkbox"/>	Climbing boots	PP socks, wool climbing socks	Climbing harness
<input type="checkbox"/>	Compass	Sun protection items and lip cream	Altimeter
<input type="checkbox"/>	Water bottle ( Thermos flask )	Elevation map	Pen and paper
<input type="checkbox"/>	Swiss Army knife	Bivy sack	Gloves and work gloves
<input type="checkbox"/>	Ridge map	Lighter, waterproof matches	Helmet (river tracing)
<input type="checkbox"/>	Personal medication	Paper napkins and towels	Helmet (climbing)
<input type="checkbox"/>	Bowl, chopsticks, cup	Basic washing items	Safety clasp
<input type="checkbox"/>	ID and insurance card	Spare clothes	Pair of prusik ropes
<input type="checkbox"/>	<b>Jumar clamp</b>	Flip flops	Waist pack, storage bag
<input type="checkbox"/>	<b>Descender</b>	Digital camera (with batteries)	River tracing shoes
<input type="checkbox"/>	<b>Snow shoes</b>		
<input type="checkbox"/>	<b>Parka, duck down clothes</b>		
<input type="checkbox"/>	<b>Crampons</b>		
<input type="checkbox"/>	<b>Snow glasses</b>		
<input type="checkbox"/>	<b>Ice hammer</b>		
<input type="checkbox"/>	<b>Ice pick</b>		

**Group equipment:** Parties should be sure to carry sufficient group equipment.

Checked	Required Items	Suggested Items	Suggested Items
<input type="checkbox"/>	Tent ( outer tent, ropes, stake, poles )	Main climbing rope (m)	Water bag (L)
<input type="checkbox"/>	Gas stove	Secondary climbing rope (m)	VHF wireless
<input type="checkbox"/>	Gas (can)	Cleaner (tea powder)	Needle and thread
<input type="checkbox"/>	Carry-on food (g)	Machete	Altimeter
<input type="checkbox"/>	Cooking utensils (ladle, spoon, plates, pot handle, wind guard )	Camping light (spare wick)	Pulley
<input type="checkbox"/>	Mountain and ecological protection area entry permit	Satellite phone	Radio
<input type="checkbox"/>	Mobile phone	Kindling material & candles	Elevation map
<input type="checkbox"/>	Restraining strap (m)	Carabiner	Trowel and clips
<input type="checkbox"/>	First aid pack(including snake bite resuscitator)	Gasifier	Saw
<input type="checkbox"/>	Food (days)	Fuel oil (L)	
<input type="checkbox"/>	Reserve food (meals/persons)		
<input type="checkbox"/>	Trash bags		

**Online climbing safety affidavit**

I, \_\_\_\_\_ hereby sign this document on behalf of all the members of my party and promise to obey Taroko National Park's safety regulation, and guarantee the following:

1. I agree to be responsible for the safety of all party members.
2. This party is well prepared and will pay attention to climbing safety. I guarantee that we will only climb while the weather and the physical condition of members are good.
3. If any of the above undertakings are breached, I personally, and the members agree to the imposition of the punishment of being prohibited from park entry for one year.

**Points of attention for climbing safety affidavit :**

Please tick in the box  after you carefully read the following details.

**Contingency route:**

The way you will deal with the situation that the climbing route is blocked. (Words in red are the points for snow season.)

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| <ol style="list-style-type: none"><li>1. Please do NOT enter the mountain and cancel your climbing when a special report of typhoon warning or heavy rainfall warning is issued by the Central Weather Bureau, or as the weather is poor.</li><li>2. The weather in mountain area is changeable, please do NOT continue climbing and shelter at a nearby cabin or an appropriate spot.</li><li>3. When the climbing route is collapsed and is not passable, take a backtrack retreat, don't take risk to pass through and inform Taroko National Park Headquarter actively.</li><li>4. If the climbing is seriously behind schedule, take a backtrack retreat and not to be late for the planned exit time should be the principle followed.</li><li>5. When you see water levels rise quickly, please do not insist on passing through and backtrack.</li><li>6. The team must carry sufficient reserve food.</li><li>7. If the mountain area has accumulation of snow upon departure, please evaluate the overall condition of team members before decide whether to continue or cancel your climbing.</li><li>8. Please bring enough individual snow equipment and group equipment. In the situation when trail turns dark, weather goes bad, or snow accumulates deeply, do NOT force to climb and backtrack.</li></ol> |
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**Safety assessment :** (The possible measures of when the team member injures by accident.)

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| <ol style="list-style-type: none"><li>1. To ensure climbing safety, carry out assessment of your own fitness and capability and had trained before setting off.</li><li>2. A team has to carry first aid kit (including trauma dressing and medication).</li><li>3. Constantly pay attention to the physical and health condition of all party members. Do not force the way up and backtrack if anyone is unwell.</li></ol> |
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4. Members had to follow itinerary in accordance with the time, schedule and route. Never enter into the unopened areas of the park. Call 119 if the team member hurts.
5. Take special care while climbing. Sufficient equipment such as helmet, rope, restraining strap, (snow equipment during snow season)...etc, will be prepared for ensuring the climbing safety. Any party member suffers injury will have accordance treatment right away. In the case of serious injury, ask for help from the relative authorities and emergency contact person.
6. Anyone injured during the climbing will be handled in accordance with the wound condition. A serious trauma will be well-dressed, and the wounded will be taken care by others until safely reach the ground. Wounded incurred fracture or in worse condition will be first aided, sheltered, accompanied and waiting for further support by emergency rescuer.
7. Recommended first aid options for altitude sickness include descending immediately and medications.
8. Team leader should take the responsibility of paying attention to the safety of the whole team. Neither overpasses the guider nor leaves any team member behind. Individual activity is prohibited.

**Backup plan :** ( The way to report your climbing situation to the rear personnel and the possible emergency response )

1. Rear personnel are asked to keep communications equipment 24 hours on working order and to contact the authority immediately in an emergency.
2. To provide extra protection it is recommend that insurance is purchased for all party members and the party is led by a guide.
3. Regularly contact with rear personnel by phone on a daily basis and report the party's situation.
4. "Safety first" should be the principle followed at all times. Do not try to force your way up, if typhoon, natural disaster or other force majeure occurs, actively keep in contact with the park HQ, police unit or other authorities.
5. Insurance is purchased for all party members before setting off.

To Taroko National Park headquarter, (Month \_\_, Day \_\_, Year \_\_\_\_\_)